







THE TREATMENT

## UPLIFTING News

**PRO TIP**  
 "For a beautiful glow, I recommend using a gentle exfoliant one or two times a week to create more supple skin and achieve better product penetration."  
 —TERRI LAWTON  
 Celebrity Facialist

Even those who freely indulge in med-spa menus tend to classify a traditional face-lift as "the biggie." So the fact that a minimally invasive alternative is gaining traction is worth a second glance. **Silhouette InstaLift**, a 30-minute in-office procedure, helps lift and restore volume to the mid-face and cheek area using "strings" made from biodegradable polymers with absorbable cones to lift facial sagging and provide

stable support. Over time the "strings" start to dissolve and are replaced by collagen. New York- and Chicago-based plastic surgeon Dr. Julius Few has earned a reputation as the go-to guy for the treatment, and he often sees patients on the West Coast. While he's discreet about his clientele, it's safe to say he's on many a Hollywood speed dial. *From \$3,000. 312-202-0882; fewinstitute.com.*

LASHES: TAMARA WILLIAMS/TRUNK ARCHIVE. ROYAL FERN SERUM: VIOLET GREY. SILHOUETTE INSTALIFT: LAURENT DARMON/TRUNK ARCHIVE.